

**PORT TOWNSEND NONRESIDENTIAL**  
*Weekend Retreat Schedule*  
August 21-22, 2021

**SATURDAY**

<b>9:00 – 9:30</b>	<b><i>OPENING/MORNING DHAMMA TALK</i></b>
<b>9:30 – 10:00</b>	<b>Sit</b>
<b>10:00 – 11:00</b>	<b>Walk – Individual Practice*</b>
<b>11:00 – 11:30</b>	<b>Sit</b>
<b>11:30 – 12:00</b>	<b>Q/A</b>

**LUNCH**

<b>1:30 – 2:00</b>	<b>Sit</b>
<b>2:00 – 3:15</b>	<b>Walk – Individual Practice*</b>
<b>3:15 – 4:00</b>	<b><i>AFTERNOON DHAMMA TALK</i></b>
<b>4:00 – 4:30</b>	<b>Q/A</b>
<b>4:30</b>	<b><i>CLOSING COMMENTS</i></b>

\* Group Practice Meetings if this nonresidential weekend retreat is held in person.

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<b>9:30 – 10:00</b>	<b><i>MORNING DHARMA TALK</i></b>
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